



**NOMADS**

# Building up!

HOW TO START COOPERATIVE INITIATIVES BETWEEN SPORT FOR ALL AND VOLUNTARY SERVICE  
*a short guide for sport and volunteering organizations*



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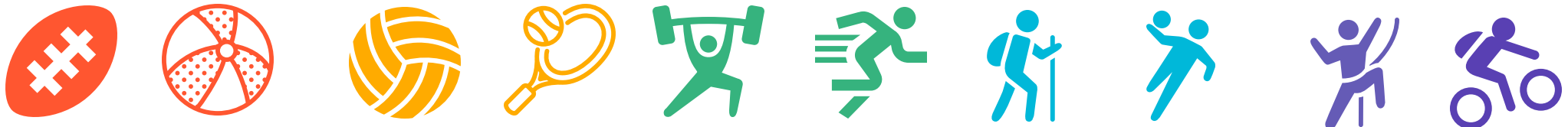
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# concepts



## THE IDEA

Sport for all is at service of the social cohesion and for community benefits. Events and activities are ran by professionals and volunteers. Why not ot involve European volunteers in these actions?



## YOUTH ON THE MOVE

More than 10.000 youngsters choose every year to volunteer abroad, and they are ready and enthousiasts to support solidarty actions. They are supported by volunteering organizations which cooperate to allow meaningful experiences.



## SOLIDARITY

Europe is a community of people: supporting social actions, join cultural exchanges, start cooperative collaborations, allowing young people to travel is part of the process towards a more cohesive Europe. Solidairty is the key, within local communities, Countries, generations, civil society...



# actors

WITH WHOM TO BUILD UP  
A NOMADS INITIATIVE?



## SPORT FOR ALL

When we speak about "sport for all" we refer to bodies from micro associations at local level to national federations: the sport is for all when is guided by the idea of making the sport accessible to all sections of society, as a tool for cohesion, integration, empowerment and well-being.

**ANY CIVIL SOCIETY ORGANIZATION WHICH PROMOTES THIS APPROACH CAN JOIN THE NOMADS PRACTICE.**



## VOLUNTARY SERVICE

International Voluntary Service organizations encourage and support, wherever possible, local programmes that answer the needs of the community and foster the active participation of citizens, especially young people, allowing them to encounter and understand different cultures and people.

**THESE ORGANIZATIONS ARE AVAILABLE TO BUILD UP COALITIONS AND CREATE LINKS BETWEEN THE LOCAL COMMUNITIES AND EUROPEAN PARTNERSHIPS.**

## LOCAL HOST

A Local Host is the main actor at local level who build a coalition around the main idea. It has responsibilities on preparing the accommodation and coordinating the work performed by the volunteers.



## SPONSORS, DONORS, PARTNERS

Money can be replaced by contribution in kind, but still the local host can rely on the support of the voluntary service association to raise funds and get sponsorships.



# actions

making our communities more inclusive, open to other cultures and... happy!

## ✓ which activities can be supported by european volunteers?

- ✓ a sport event for the community
- ✓ a sport camp for kids or other groups
- ✓ maintenance tasks for sport facilities
- ✓ a tournament, festival, gathering of sports

## PREPARING THE COMMUNITY

Hosting European volunteers will bring a lot in the community: to exploit the powerful effect of their contribution, prepare the community with workshops, welcome parties, involving local volunteers to join...

## DEVELOP THE ACTIVITIES

The European volunteers can work up to 2 weeks, 5/6 hours a day, and will be extremely happy to support the activities planned for your sport projects. The tasks are important to build good relations and trust with the community.

## BOOST YOUR IMPACT AND MULTIPLY THE EFFECTS

Involve local youth, spread the idea and build upon this experience for future initiatives. It is proven that the European volunteers' work bring inspiration and motivation.

## HOW TO START A PARTNERSHIP



Our primary aim is to support local communities where actions involving social sport requires support from volunteers. Involving young Europeans is extremely feasible, and requires some preparation activities to build up fantastic intercultural projects where sport, friendship and active citizenship invade the community.

### COMMUNITY NEEDS

Most of the volunteers are available in summer, so during the winter is important to check, beside your sport actions, which tasks can be added. This requires to speak with other associations and prepare an idea.

### PARTNERSHIP AND PROJECT DEFINITION

The idea has to be shared with a voluntary service organization of your Country, who can help in refining it according to the standards and best practices. Use the NOMADS handbook to check the standards.

### LAUNCHING THE PROJECT

From March the project is launched among 40 organizations, and the volunteers are recruited. It's possible to ask for specific skills, but is good to take advantage of newcomers!

